

Family calendar

A shared weekly overview that removes arguments about who knew what.

A large part of tension in families isn't about values but about coordination. Use **one single shared version**, with colours by person and the adults' commitments included. Five minutes on Sundays is the essential part.

The week

	MON	TUE	WED	THU	FRI	SAT	SUN

1. Rows: morning, late morning, lunch, afternoon, activities, evening, who drives, notes.

Sunday review

What is demanding this week?

Where do we need help?

Who has too little free time?