Questions for a couple's conversation

A set of questions that shifts the conversation from logistics to the relationship.

> Couples who have been together a long time often talk only about logistics. One question a week, no phones, answering in turn **without interruption**. The listener doesn't explain and doesn't correct.

The questions

1. When did you feel most heard by me this week?
2. What don't you dare ask me for?
3. What was the last thing I did that stayed with you?
4. What would you like me to know about you that I don't yet?
5. What do you need in the coming week?
6. When did you last feel we were a team?
7. What frightens you about our relationship?
8. What would you like us to keep when everything else changes?

Records by week

DATE	QUESTION	WHAT I LEARNED ABOUT THEM